

Teresa Ramos

- Over 25 years international experience working at executive level
- Experience in some of the biggest high-technology and telecoms companies worldwide, including BT, o2, Vodafone, Siemens and Telefonica. Responsible for delivering projects and leading teams based globally
- Graduate in Music from Salamanca Conservatorium (Spain)
- Graduate in Theoretical Physics from Salamanca University (Spain)
- Master in Telecommunications from King´s College, London (UK)
- Executive MBA from Instituto de Empresa, Madrid (Spain)
- Certified Business Coach, Worldwide Association of Business Coaches (WABC)
- Affiliate member of IoC (Institute of Coaching) at Harvard Medical School
- Accredited Business Coach at Meyler Campbell (UK)
- Spanish national who has lived in Spain, UK and Germany
- Fluent in German, Spanish and English

Focus of consulting and training work

- Leadership Development (training, facilitation, coaching)
- Building and developing High Performance Teams
- Intercultural Management and leadership (Training and Coaching for individuals and for international teams)
- Workshop facilitation
- Change management and innovation (training, coaching, workshop facilitation)
- Executive and Business coaching
- Group and team coaching
- Support management and delivery of complex international-intercultural projects (counselling the project leaders, aligning the project teams, and coaching team members enhancing necessary skills and processes)

My message

- “At the center of your being you have the answer; you know who you are and you know what you want”- Lao Tzu
- “We cannot solve problems by using the same kind of thinking we used when we created them”- Albert Einstein
- “Be the change you want to see in the world”- Mahatma Gandhi
- “Always look at the bright side of life”- Monty Python in “The life of Brian”

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